



Trauma Recovery, EMDR Humanitarian Assistance Programs presents

Eye Movement Desensitization and Reprocessing

(EMDR) Basic Training

In person/On Location Training

EMDR Basic Training consists of Weekend I and Weekend II Training.

Each training event is three days of didactic and supervised practice.

Cost: \$495.00 per weekend (fee does not include consultation)

Weekend I and II EMDR Training

Hosted by: Family and Children's Aid

Location of Training: 80 West Street, Danbury, CT 06810

Dates

Part I Dates: September 5-7, 2025

Part II Dates: November 7-9, 2025

Please Note: You should allow at least 8 weeks between your EMDR Part 1 and your EMDR Part 2 trainings. This allows you to work on the skills you learned in Part 1, obtain consultation hours and complete the required readings, to better prepare you for the Part 2 training.

Contact selena.sawtelle@fcaweb.org OR Trauma Recovery/ HAP at training@emdrhap.org or (203) 288-4450 ext 123 for more information.

Eligibility:

Trauma Recovery/HAP EMDR Basic Training is available to clinicians who work for a non-profit or public sector organization in a clinical mental health capacity. Clinicians working with underserved communities are also eligible to complete their EMDR training through Trauma Recovery/HAP.

EMDR training is also available to full time students enrolled in a Master's or Doctorate level program in the mental health field (Social Work, Counseling, Marriage Family Therapy, Psychology, Psychiatry, Psychiatric Nursing - first year students not eligible. Students will be asked to submit a Supervisor's approval form.

Requirements:

To obtain the EMDR Basic Training Record of Completion you must attend EMDR Part 1 and EMDR Part 2 in full (each training event is three days of didactic and supervised practice) AND complete a total of 10 consultation hours with one of the consultants on the Trauma Recovery/HAP Consultant Directory (consultation hours are not included in the registration fees) AND complete the Learning Assessments for both the Part 1 and Part 2 trainings with a score of 80% or better.

Please scan the QR Code for:

- *Clinical Requirements*
- *Participant Completion Criteria*
- *Learning Objectives*

